

NOVEMBER 2025





View the Toolkit

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A NOTE FROM THE

EXECUTIVE

DIRECTOR

ITEMS TO HIGHLIGHT

- TODAY, WE CELEBRATE THOSE
 WHO HELP BUILD STRONG
 FAMILIES AND RESILIENT
 COMMUNITIES ONE HOME
 VISIT AT A TIME.
 #PARENTSASTEACHERSDAY
- CHECK OUT THE PAT DAY TOOLKIT

Dear KPATA Members,

"Autumn shows us how beautiful it is to let things go." — Unknown

As autumn settles in and the year begins to wind down,
November invites reflection on what has been accomplished
and what lies ahead. This season reminds us of the power of
gratitude—gratitude for the people, partnerships, and
purpose that drive our work forward.

KPATA has been busy with the following during October:

- Reviewing input from the work completed at the State
 Home Visiting Conference
- Attending the Early Childhood Mental Health Convening
- Attending the Governor's Conference for the Prevention of Child Abuse and Neglect to share about PAT services
- Creating videos for social media to advocate and educate about the importance of home visiting

As many of you are aware, November 8th is National PAT Day! If you haven't already, take a peek at the toolkit. It can be found here:



Proud to recognize the impact of parent educators and home visiting programs. Every family deserves to feel seen, supported, and strengthened.

Hilary Koehn

Hilary Koehn Executive Director

BRIGHT FUTURES SUCCESSES

SUCCESS STORY

Mom obtained medical insurance this month.. She has been in contact with ITS and an evaluation at the has beginning of the month. Mom has seen some progress in the motor area of development and therefore is not as worried as she previously was. Child is fully up to date with well child visits and immunizations. Mom is starting to work on baby proofing and shows clear understanding on how to keep the baby safe. Mom still engages well in visits and notifies parent educator with development updates or the need to reschedule.

- 20 NEW REFERRALS
- 83 ACTIVE REFERRALS
- 38 PARTICIPATING PROGRAMS



KPATA Trainings

A Training for KPATA Members



More Helpful Help

A Deeper Dive Into
Motivational Interviewing

Presented by: Scott Kerby

We frequently work with people who are stuck with one leg on either side of the ambivalence fence—and despite our best efforts can't seem to help them get moving towards change. In this 90 minute refresher we will further explore the ability to cultivate change talk to help resolve ambivalence (get that other leg over the fence). Along the way we will review the skills that help us truly partner with others to make meaningful connections that allow us to effectively guide our clients to the change they decide to make.

NOV 14TH

1:00 PM - 2:30 PM



Objectives:

- 1. Define and recognize the different types of change and sustain talk (key MI concepts)
- (key MI concepts)
 2. Review how empathy and reflective skills earn our way into the "front seat" with the client.
- Recognize how the Fixing (righting) Reflex hinders our ability to help others build their own intrinsic motivation for change.

Register Here!

KPATA Trainings



2025-2026 **KPATA Training Calendar**

Remember!

A KPATA Membership is required in order to attend our trainings.

You can purchase your 2025-2026 Membership (Training Pass) below!

<u>Register</u>

TRAINING SCHEDULE

T EDUCATORS AND COORDINATORS KPATA BRIGHT FUTURES 2025-2026

JULY

Share & Show **Our Favorites**

Book, activity enhancement, resource, song or fingerplay 7/17 1:00-2:30 PM



TOCTOBER

Understanding NEURODIVERSITY

SARAH JONES/KCCTO

10/3 1:00-2:30 PM



JANUARY

Intimate Partner Violence survivor-informed insights

Kristina Scott-KCSDV

1/15 10:00-11:30 AM

Child Abuse and Neglect

Valeria Adame/KCSL

4/9 1:00-2:30 PM

AUGUST

CONVERSATIONS

8/21 1:00-2:00 PM

Motivationa Interviewing Refresher

Scott Kerby 11/14 1:00-2:30 PM

FEBRUARY

HOPE

Dana Book/KCSL

2/19 1:00-3:00PM

Vaping Products and Treatment Resources

Matthew Schrock/ KANQUIT

5/7 1:00-2:00 PM

SEPTEMBER

Engage

Starting at Square 1

9/19 1:00-2:30 PM

DECEMBER



MARCH

MATERNAL DEPRESSSION

Robert Ammerman/CCHMC

3/27 1:00-2:00 PM

OTHER NOTES:

Please use Dec. to catch up on a neconded training

* No Training in June

INDICATES A PATRC QUALITY STANDARD TRAINING REQUIREMENT



Facilitated Attuned Interactions Training

Erikson Institute

FAN (Facilitating Attuned Interactions) Training

What is FAN?

FAN (Facilitating Attuned Interactions) is a conceptual model and communication tool designed to help build stronger, more responsive relationships among professionals in the early childhood workforce. FAN emphasizes attunement, connection, and reflective practice as keys to supporting change.



Who It's For

This training is designed for individuals who provide coaching, consultation, and/or supervision to Early Childhood Care and Education (ECCE) Professionals and families.

Training Structure

Level I Level II Level III

Training

2-day core training

Cohort Schedule

- Cohort 2: January, 2026
- Cohort 3: July 2026

Training Details Cohort 2



January 7 - 8, 2026



9:00 AM - 4:00 PM



K-State Alumni Center

6-month virtual mentoring

Mentoring

process

Apply Now

Visit our application page to learn more about FAN training and complete the registration form.

https://kccto.org/fan-training/



Integration

Final day of FAN training for

practitioners and supervisors



Apply by December 12, 2025





Just 10 Minutes



AT JUST 10 MINUTES, WE BELIEVE EVERY CHILD DESERVES TO FEEL DEEPLY CONNECTED TO THEIR FAMILY. SMALL MOMENTS OF UNDISTRACTED INTERACTION CAN MAKE A POWERFUL IMPACT ON A CHILD'S EMOTIONAL WELL-BEING, BRAIN DEVELOPMENT, AND SOCIAL SKILLS.

WE WOULD LOVE TO HEAR YOUR IDEAS OF FUN FAMILY-FRIENDLY AND SCREEN-FREE ACTIVITIES A CHILD CAN ENJOY WITH THEIR FAMILY IN "JUST TEN MINUTES!"! FILL OUT OUR FORM BELOW TO SHARE YOUR THOUGHTS!



Days at the Capitol



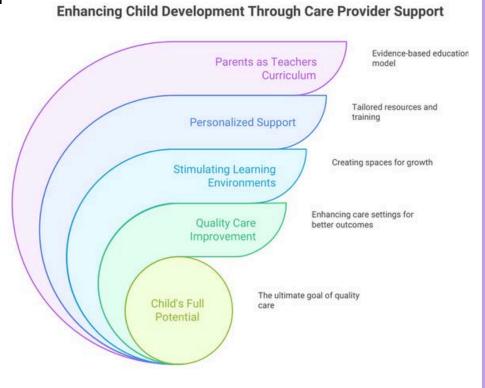


SUPPORTING CARE PROVIDERS

Our Impact: Raising the Quality of Care

We are actively working to raise the quality of care provided by FFN providers throughout Kansas. Our program offers home visiting services, utilizing the Parents as Teachers Supporting Care Providers Through Personal Visits Curriculum, to help providers strengthen their skills and create high-quality learning environments.

- The Parents as Teachers curriculum is an evidence-based model that focuses on provider education and child development.
- Our home visiting services provide FFN providers with personalized support, resources, and training.
- We help providers create stimulating learning environments that promote children's cognitive, social, and emotional growth.
- By improving the quality of care, we are helping the children in FFN settings succeed and reach their full potential.
- We offer resources and support on topics such as child development, positive discipline, health and safety, and early literacy.
- Our program aims to empower FFN providers to create nurturing and enriching experiences for the children in their care.



Supporting Care Providers



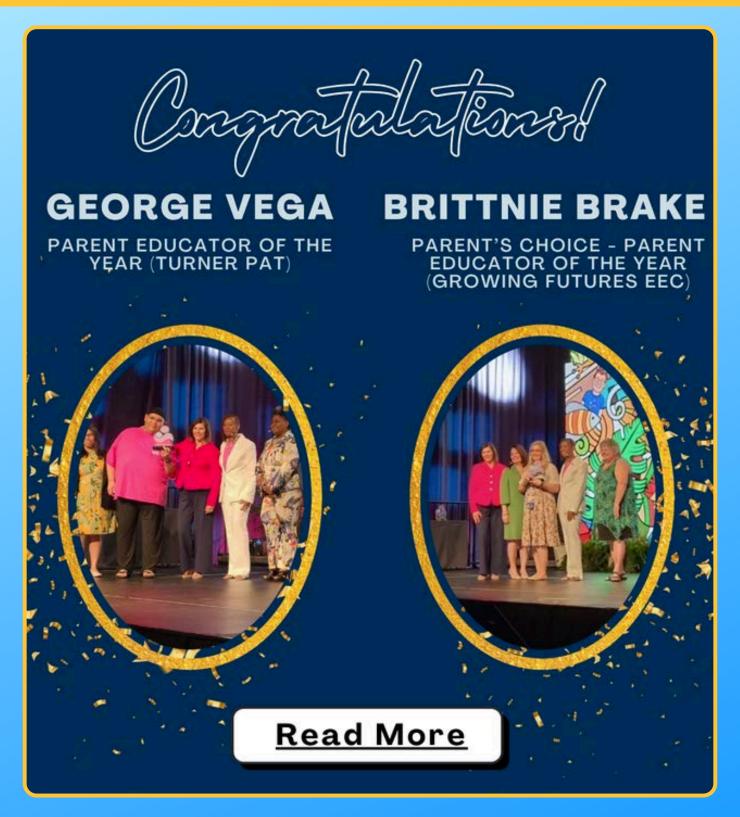
Calling Johnson and Wyandotte County FFN Care Providers!



We are currently enrolling FFN care providers in Johnson and Wyandotte County communities! If you know someone providing Family, Friend, and Neighbor care for children birth to five who would like more information on program enrollment, please reach out to Maria at mriosekpata.org or call/text 913-731-4834.



Parent Educator of the Year

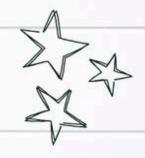


Congratulations!









MARICELA HERNANDEZ

CONGRATULATIONS TO HARVEY COUNTY PARENTS AS TEACHERS
PARENT EDUCATOR, MARICELA HERNANDEZ, FOR BEING NAMED A
HARVEY COUNTY 4 UNDER 40 FINALIST!

MARICELA WAS RECOGNIZED FOR HER PASSION FOR MATERNAL/CHILD CARE AND UTILIZING HER BILINGUAL SKILLS TO ENSURE EVERYONE HAS ACCESS TO INFORMATION AND RESOURCES.

SHE IS PICTURED HERE WITH HARVEY COUNTY PAT COORDINATOR, BRITTANY DENSON.

Harvey County 4 under 40 Finalist!

Breastfeeding Message of the Month

BREASTFEEDING REDUCES THE RISK OF SIDS

DID YOU KNOW BABIES WHO ARE BREASTFED OR FED EXPRESSED BREASTMILK ARE AT LOWER RISK FOR SUDDEN INFANT DEATH SYNDROME (SIDS) COMPARED WITH BABIES WHO WERE BREASTMILK? ACCORDING RESEARCH, THE LONGER A PARENT EXCLUSIVELY BREASTFEEDS THEIR BABY (MEANING NOT SUPPLEMENTING WITH FORMULA), THE LOWER THEIR RISK OF SIDS UP TO 60%. EVEN AS LITTLE AS TWO MONTHS OF BREASTFEEDING CAN REDUCE THE RISK OF SIDS BY APPROXIMATELY 50%! THE AMERICAN ACADEMY OF PEDIATRICS (AAP) RECOMMENDS FEEDING HUMAN MILK TO REDUCE SIDS RISK IN THEIR UPDATED 2022 RECOMMENDATIONS.

Breastfeeding reduces the risk of SIDS



CHILD CARE PROVIDERS WHO SUPPORT BREASTFEEDING PARENTS ARE LOWERING THE SIDS RISK OF FOR INFANTS IN THEIR CARE. TO LEARN MORE ABOUT HOW CHILD CARE PROVIDERS CAN SUPPORT BREASTFEEDING. CHECK OUT THE KANSAS BREASTFEEDING TOOLKIT AND WEBPAGE FOR CHILD CARE PROVIDERS.



Tobacco Use Prevention Resources





Being tobacco-free is important for you and your child's health. It's not too late to stop smoking, even if you've tried before. The Kansas Tobacco Quitline is free and available 24/7 for all Kansans.

PROMOTE THE KANSAS TOBACCO QUITLINE

PROVIDING TOBACCO-FREE ENVIRONMENTS IS ONE OF THE MOST IMPORTANT THINGS PARENTS AND CAREGIVERS CAN DO FOR CHILDREN'S HEALTH. THERE IS NO RISK-FREE LEVEL OF EXPOSURE TO SECONDHAND AND THIRDHAND SMOKE.

PROVIDERS ARE IN A POSITION
TO PROVIDE INFORMATION TO
FAMILIES ABOUT THE BENEFITS
OF TOBACCO-FREE
ENVIRONMENTS AND REFER
PARENTS TO THE KANSAS
TOBACCO QUITLINE IF THEY
ARE INTERESTED IN QUITTING
SMOKING OR VAPING.

THE KANSAS TOBACCO QUITLINE IS AVAILABLE 24 HOURS A DAY, 7 DAYS A WEEK, ONLINE AND BY PHONE AT **KSQUIT.ORG** OR 1-800-QUIT-NOW. FIND OUT **MORE INFORMATION ABOUT QUITTING SMOKING AND VAPING**.

ORDER ENGLISH AND SPANISH PRINT COPIES OF THE **EARLY CHILDHOOD AND TOBACCO RACK CARD** TO ASSIST IN THESE
CONVERSATIONS BY VISITING **KANSAS DEPARTMENT OF HEALTH AND ENVIRONMENT'S WEBSITE** AND CLICKING ON ORDER FREE MATERIALS
ON THE RIGHT SIDE. THEY WILL BE SHIPPED TO YOU FOR FREE.



KPATA has started creating videos as part of a new social media campaign to shine a light on the incredible work of Parents as Teachers (PAT) home visits!

You can find these videos on any of KPATA's social media outlets, and we highly encourage members and their programs to re-share them on your own program pages to help spread the word about what PAT is all about.

KPATA's goal in sharing these videos is to provide programs with ready-to-use tools that are comprehensive, engaging, and easily accessible.

Let's work together to showcase the amazing impact of PAT!

View the latest video here!





UPCOMING EVENTS

NOVEMBER

- 4TH ELECTION DAY
- 14TH MOTIVATIONAL INTERVIEWING TRAINING
- 21ST KPATA BOARD MEETING

DECEMBER

- 19TH KPATA BOARD MEETING
- NO TRAININGS THIS MONTH - CATCH UP ON A RECORDING

