## KPATA NEWSLETTER | NOVEMBER 2024 KANSAS PARENTS AS TEACHERS NOVEMBER 2024



## WE'RE HIRING!

KPATA is Hiring Educators for the Bright Futures Program

Focus Areas: Northwest KS, Southwest KS

View the Job Description Here

> Apply Here

#### For More Info

Contact Hilary Koehn hkoehn@kpata.org



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\$35/hr

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## GRATITUDE





#### A NOTE FROM THE

#### EXECUTIVE

DIRECTOR

#### ITEMS TO HIGHLIGHT

- WHAT'S ONE THING YOU'VE ENJOYED ABOUT DOING YOUR JOB RECENTLY?
- ARE YOU SHARING ABOUT SUCCESSES WITH OTHERS IN YOUR COMMUNITY?

Dear KPATA Members -

## GRATIITUDE

the quality of being thankful; readiness to show appreciation for and to return kindness.

**Oxford Languages** 

I challenge you to think about the following ...

- What aspects of your community are you grateful for?
- What's an aspect of your personality that you're grateful for?
- What's one thing you've enjoyed about doing your job recently?

These make for a great share at your upcoming reflective supervision or staff meeting!

During the month of October:

- The NEW Advocacy Committee met and started brainstorming ways to best support Kansas PAT programs with Everyday Advocacy.
- KPATA shared at the PATNC Conference to highlight the work in Kansas and many of us also attended sessions where we learned new tidbits that we will share with others.
- We shared new pieces on our social media channels - make sure you are following us!

I am grateful for all of the incredible work that PAT programs are doing across the state to support families and children! Remember to share those successes with others and highlight them within your own community!

Regards,

Hilary Koehn

Hilary Koehn Executive Director

## BRIGHT FUTURES SUCCESSES

## SUCCESS STORY

[Baby] had his 1 week follow up with his doctor and had gained 5 ounces that week after release from NICU. He is nursing better and latching well now to feed. [Child] is now writing his name and showing so many advanced cognitive and problem solving skills. [Child] talks in long sentences and tells stories with a huge vocabulary. [Child] likes to read books and engaged well in the PAT activities. showing pride and accomplishment in his work. [Dad's] Mom has moved in with the family (temporarily) this past month. She has been a support to them financially as well as lending a hand with the baby and [child]. [Mom] was able to get their food stamps reinstated. The family has very limited income and no working vehicle to get back and forth to appointments, but [Mom] has been able to set up transportation for medical and mental health visits through the medical card. [Mom] has been in touch with her former employer and has been offered her job back as soon as she is cleared by her doctor to return to work.

## • 15 NEW REFERRALS

- 77 ACTIVE REFERRALS
- 40 PARTICIPATING PROGRAMS



## Upcoming NEW! DEIA Training

**KPATA DEIA TRAINING** 



1:00 - 2:30 PM VIA ZOOM



Make Learning Memorable...





Join ng to hear from DR. ANTON TREUR

HEALING FROM HISTORICAL TRAUMA: CONNECTION AND CULTURE LIVE INSIDE OF US.

Limited to 50 spots you must be a KPATA member to attend

## **OAE Refresher Trainer**

### KPATA IS PLEASED TO HOST

## OAE REFRESHER

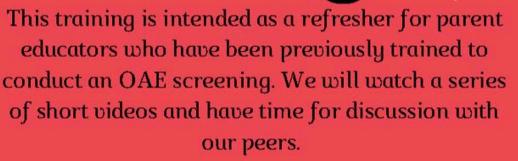
A VIRTUAL WEBINAR TRAINING OPTION FOR THOSE WHO HAVE PREVIOUSLY RECEIVED OAE TRAINING



## DECEMBER 11TH 1:00-2:00 PM







Training is Free for KPATA Members. If you would like to attend please complete your registration by accessing the included link.

If you have questions, please contact Jenny Smith at jsmith@kpata.org.

## **Upcoming KPATA Trainings**



## 2024 - 2025 KPATA Training Calendar

ATTEND ALL TRAININGS WITH A CURRENT KPATA MEMBERSHIP (TRAINING PASS)

RENEW OR PURCHASE

HERE



## **Parent Health Literacy**





## FAMILY SURVEY Care Coordination Experience

The Kansas Department of Health and Environment (KDHE) and the University of Kansas Center for Public Partnerships and Research (KU-CPPR) are conducting a survey about <u>your</u> <u>experiences, as families and parents, with care</u> <u>coordination staff at KDHE programs</u>. Your responses will provide insight on strengths and opportunities in how KDHE provides services to individuals and families in Kansas.

<u>This survey is anonymous, and no</u> <u>identifying responses will be shared with</u> <u>anyone at KDHE.</u>

This survey can be accessed at the link below and should take less than 8 minutes to complete.

Please complete this survey by Friday, November 15th.

### Take Survey

We are looking for feedback on programs such as (but not limited to):

- Early Head Start
- Early Intervention
- Family Resource Center (FRC)
- Healthy Families America
- Universal Home Visiting
- Local Maternal and Child Health (MCH) programs
- Parents as Teachers (PAT)
- Special Health Care Needs (SHCN)
- Team for Infants Endangered by Substance Abuse (TIES)
- Teen Pregnancy Targeted Case Management (TPTCM)
- 1-800-CHILDREN

## Breastfeeding Message of the Month

## BREASTFEEDING REDUCES

DID YOU KNOW BABIES WHO ARE BREASTFED OR FED EXPRESSED BREASTMILK ARE AT LOWER RISK FOR SUDDEN INFANT DEATH SYNDROME (SIDS) COMPARED WITH BABIES WHO WERE NEVER FED BREASTMILK?

ACCORDING TO RESEARCH, THE LONGER A PARENT EXCLUSIVELY BREASTFEEDS THEIR BABY (MEANING NOT SUPPLEMENTING WITH FORMULA), THEY LOWER THEIR RISK OF SIDS BY AS MUCH AS 60%! EVEN AS LITTLE AS TWO MONTHS OF ANY BREASTFEEDING CAN REDUCE THE RISK OF SIDS BY APPROXIMATELY 50%!

> THE AMERICAN ACADEMY OF PEDIATRICS (AAP) RECOMMENDS FEEDING HUMAN MILK TO REDUCE SIDS RISK IN THEIR UPDATED 2022 RECOMMENDATIONS, CHILD CARE PROVIDERS WHO SUPPORT BREASTFEEDING PARENTS ARE LOWERING THE RISK OF SIDS FOR THE INFANTS IN THEIR CARE. TO LEARN MORE ABOUT HOW CHILD CARE PROVIDERS CAN SUPPORT BREASTFEEDING, CHECK OUT THE KANSAS BREASTFEEDING COALITIONS TOOLKIT AND WEBPAGE FOR CHILD CARE PROVIDERS.



Kansas Breastfeeding Coalition, Inc.

## **Breastfeeding Resources**

The Kansas Breastfeeding Coalition created a "<u>Virtual Go Bag</u>" for home visitors and families with videos on popular breastfeeding topics, in 8 languages. Home visitors can give the family the QR code (attached flyer) or share the videos with them directly.

## Breastfeeding Virtual GOBAG



Scan the QR code or go to ksbreastfeeding.org/breastfeeding-virtual-go-bag/



## Low Income Energy Assistance Program

## LOW INCOME ENERGY ASSISTANCE PROGRAM

LIEAP can help pay your home heating bills!

#### Applications accepted **November 18, 2024** through **March 31, 2025**

Applications <u>must</u> be received by DCF by **5 p.m.** on March 31, 2025 to be accepted.

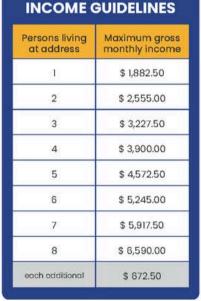
#### Qualifying households must:

 not exceed household income limits

artment for Children and Families

 be personally responsible for the heating fuel costs payable either to the landlord, utility company, or fuel vendor

Funding provided by the U.S. Department of Health & Human Services, Office of Community Services - Low Income Home Energy Assistance Program



Apply or find more information: visit your <u>local DCF office</u>, call <u>1-888-369-4777</u>, or go to <u>www.dcf.ks.gov</u>.

#### **Download English Flyer**

## **Download Spanish Flyer**

## Year 2 of the National 988 Lifeline



The launch of the 988 Suicide & Crisis Lifeline (988 Lifeline) in July 2022 represented a shift in how the U.S. addresses behavioral health crises. By simplifying access to support — replacing the longer National Suicide Prevention Lifeline number with the easy-to-remember 988 — the goal was to provide an immediate, accessible resource for anyone in distress.

This edition of A Kansas Twist explores the Lifeline's second year, examining data from the Kansas 988 network and highlighting national and local efforts to expand its impact.



## YOU KNOW?

have we been up to?

what

The incredible work of the **Bright Futures Program** and the participating Kansas PAT Programs was highlighted in a presentation that Hilary shared at the National PAT Conference in San Diego, CA. The presentation was titled **"Partnerships Are Not a Piece of Paper"** and emphasized the importance of building relationships with partners, continuing to voice and work on both successes and challenges, and the need for authenticity within agency-to-agency partnerships. The work to strengthen PAT home visit services provided to families involved with Child Welfare is an ongoing effort and the input from Kansas is invaluable!





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#### **UPCOMING EVENTS**

#### **NOVEMBER**

re not a piece of paper

- 14TH PARENT HEALTH LITERACY TRAINING
- 15TH KPATA BOARD MEETING

#### **DECEMBER**

- 11TH: OAE REFRESHER TRAINING
- 12TH: DEIA TRAINING
- 20TH: KPATA BOARD MEETING

