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Kansas Parents As Teachers Association Virtual Conference April 12th & 13th, 2021

April 12th Pre-Conference 9:00 - 11:00 am Opener/Sessions 12:00 - 3:00 pm

**April 13th** Sessions 8:30 - 11:30 am Lunch Breakout 11:45 - 12:30

KPATA Membership Meeting 1:00 - 2:00 pm

# Building Capacity to Thrive: Fostering Resiliency and Connection

## REGISTRATION

Please register by completing this form: <u>https://kpata.wufoo.com/forms/kpata-</u> conference-registration

Cost to attend: \$30.00 for KPATA members and \$60.00 for non-KPATA members



## **Keynote Provided by Lakeshore:**

The Importance of Parent Educators and Their Impact on the Lives of Children

Professional development to support the work that you are doing every day, in the field, as a home visitor. These two half-days of training are designed with parent educators and those who support them in mind.

MARCH 2021

## PLEASE JOIN US FOR OUR ANNUAL 2PATA Members Meeting FOLLOWING THE CONFERENCE AT 0 N APRIL 13TH. PM 1:00 THIS **NPPNRTUN** CAN O R K 1 ZOOM **N** LAST ABOUT AN HOUR. AND



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## **BRIGHT FUTURES UPDATE**

In February, we continued to partner with DCF providers and gained **14 new referrals**.

Great news to share- We now have active referrals in **ALL DCF regions**!! It has been a work in progress and feels great to achieve that goal!



## **REGIONAL SPOTLIGHT: TRACI HINTON- NORTH EAST**

Being able to establish a connection with a Bright Futures family takes patience, persistence, and often a little bit of luck. Because they are often concerned about custody, BF families can be hesitant to share their circumstances for fear of putting custody in jeopardy. This can make establishing rapport even more challenging. Sometimes, the opening to create that connection comes from an unexpected place. I began working with a BF family several months ago that struggled with engaging in the program. Establishing a regular visit schedule proved to be challenging for a variety of reasons. Developing rapport was proving even harder because we were re-establishing our relationship after every gap in service. Reaching a point where exiting the family might be necessary, my main goal was to wrap up any loose ends so I had all of the necessary things completed. We had previously talked about setting goals, and mom had always delayed that process. Reintroducing this topic, I encouraged mom to just say the first thing that entered her mind. She responded that she really wanted to feel less depressed. Mom reluctantly shared that she had recently moved with her infant to a sober living facility. In addition to being in recovery, she had been struggling with numerous issues, and she needed a more structured environment to keep from slipping into old coping patterns. Mom shared a lot about her personal history and her concerns about custody of her baby. She also shared that she had struggled with making good choices to cope with past life events, and she hadn't wanted those choices to affect what I thought of her. I pointed out that we each have a toolbox of coping strategies, and we use those tools to deal with the things that come our way in life. If we don't have a lot of tools in our toolbox, then we use what we have available to cope the best we can. I reinforced that part of my role as her educator was to help her figure out what tools she had to use, how to use them effectively, and to determine how to get any new tools she needed. By meeting mom where she was without judgement and showing that I could support her in reaching her goal, mom opened up and shared more in a single visit than she had in the entire time that we had been working together. While I know that we will continue to struggle, establishing this connection helped me understand the situation from her viewpoint and give her a little more grace when her struggles affect participation in the program. While I hope that I've helped to put a few new tools in her toolbox, I know that she's also helped to put a few new ones in mine.



KPATA IS PLEASED TO HOST THE FOLLOWING TRAININGS



#### SUPPORTING HIGH RISK FAMILIES BOTH TRAININGS WILL BE FROM 1:00 - 4:00 PM VIA ZOOM

3/29/21 - Strengths Based Family Support: Active Listening, Parallel Process & Reflection

4/29/21 - Supporting Healthy Attachment for Families in Crisis

COST: TRAINING IS FREE AND SPONSORED BY THE 2020-21 BRIGHT FUTURES PROGRAM

TRAINING SESSIONS PROVIDED BY JESSICA MOSTAFFA, LICENSED PROFESSIONAL COUNSELOR (LPC) AND CO-OWNER OF WILD HOPE IN KANSAS CITY, MO

March 29th Registration: <u>https://zoom.us/meeting/register/tJcqdu2prjsuGdclm5xz6XGnB3AV5fFN3xYt</u> April 29th Registration:

https://zoom.us/meeting/register/tJcqdu2prjsuGdclm5xz6XGnB3AV5fFN3xYt\_

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# **PRE-CONFERENCE** FOR

## COORDINATORS & LEADERS

## Trauma Informed Leadership ど **Supervision Training:**

**WSU Community Engagement Institute TOPICS COVERED:** - The impact of trauma for service providers and on organizational life. - The importance of a trauma-informed supervision approach and how to provide it.

- Self-care as trauma-informed care and employee retention practice.

**KS** Parents as Teachers **Pre-Conference** April 12th, 2021 9:00 - 11:00 am

Training is appropriate for program coordinators/leaders and available as part of your existing conference registration fee. The link to attend will be available on the conference platform invite which will be communicated in March. 

Provided By Bright Futures

# **UPCOMING EVENTS & FUNDING OPPORTUNITIES**

March 2021

March 15: Virtual Foundational & Model Implementation Training March 19th - KPATA Board Meeting March 29: Virtual Training: Active Listening, Parallel Process, & Reflection

## April 2021

April 1-5: Virtual Foundational 2 Training April 12th-13th: KPATA Conference April 13th: KPATA Annual Membership Meeting April 15-23: Virtual Foundational Training April 16: Board Meeting April 29: Virtual Training: Healthy Attachment for Families in Crisis